



## Core Nutrition Plus Energy\*

### Before Breakfast Color Packet

Metabolic Enhancer • 2 caplets  
Thermo P • 2 caplets  
ProBiotic Restore™ ULTRA • 1 capsule

### Before Lunch Color Packet

Metabolic Enhancer • 2 caplets  
Thermo P • 2 caplets

### Take with a meal White Packet

CorePlex® • 3 caplets

### Take with a meal White Packet

OmegaPlex® • 1 softgel



◀ Before Breakfast

◀ Before Lunch

◀ With a meal

◀ With a meal



14-Day Supply

Listed below are the primary function(s) of each component that makes up MNS® Max E (Maximum Energy) + :



**Thermogenesis/Energy\* (Thermo P):** This unique formulation of herbal ingredients helps increase energy, support metabolic efficiency and suppress appetite.\* The oolong tea extract found in this product helps ignite the body's natural ability to produce energy so you feel more energized and vibrant.\* The sustained energy that comes from Thermo P helps make MNS Max E a powerful source of energy and more efficient metabolism.\*



**Metabolic Enhancer\*:** This key component is a blend of safe and powerful herbal extracts, vitamins and minerals that helps boost the body's energy systems while providing appetite control.\* The botanical extracts in Metabolic Enhancer support the body's ability to burn calories more effectively as well as reduce appetite.\*



**CorePlex®:** Each serving of CorePlex provides 36 vitamins, minerals and nutrients in a highly absorbable form so you can enjoy the advantages of complete core nutrition.\*



**OmegaPlex®:** OmegaPlex is a blend of EPA and DHA omega-3 fatty acids that's high in purity and effectiveness. Omega-3s are essential for a multitude of biological and physiological functions, including proper brain development, strengthened immune and cardiovascular systems, and healthier skin and hair.\*



**ProBiotic Restore™ ULTRA:** Probiotics are beneficial microorganisms that confer health benefits on the host. ProBiotic Restore ULTRA helps replenish normal beneficial intestinal microflora to support healthy immune and intestinal function, while aiding good digestion and enhancing weight management programs.\*

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

+When compared to MNS® Max 3

AdvoCare Customer Service  
800-542-4800 [www.advocare.com](http://www.advocare.com)